

School of Carolina Ballet

2026-2027 WOMEN CLASS DESCRIPTIONS

BEGINNER LEVELS

BEGINNER 1A

These classes introduce the fundamentals of ballet.

Per week, tuition includes:

- (1) ballet technique class

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) hip-hop class
- (1) jazz class

BEGINNER 1B

These classes serve as a bridge between Beginner 1A and Beginner 2.

Per week, tuition includes:

- (2) ballet technique classes

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) hip-hop class
- (1) jazz class

BEGINNER 2

These classes continue to build on the foundational studies of ballet.

Per week, tuition includes:

- (2) ballet technique classes

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) hip-hop class
- (1) jazz class

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INTERMEDIATE LEVELS

These classes are focused on crafting a student's ability to focus and execute existing and new ballet vocabulary, while also providing a larger offering of classes to continue to expand a student's knowledge and experience.

INTERMEDIATE 1A

Per week, tuition includes:

- (4) ballet technique classes
- (1) pointe prep (de-shank class)
- (1) hip-hop class
- (1) contemporary OR jazz class

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) pointe class (may join Intermediate 1B pointe class based on approval)
- (1) contemporary class
- (1) jazz class
- (1) conditioning class

INTERMEDIATE 1B

Per week, tuition includes:

- (4) ballet technique classes
- (1) pointe class
- (1) hip-hop class
- (1) contemporary OR jazz class

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) contemporary class
- (1) jazz class
- (1) conditioning class

INTERMEDIATE 2

Per week, tuition includes:

- (5) ballet technique classes
- (2) pointe classes
- (1) hip-hop class
- (1) contemporary OR jazz class
- (1) conditioning class

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) pointe class
- (1) contemporary
- (1) jazz class

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ADVANCED/PRE-PROFESSIONAL LEVELS

ADVANCED 1/ADVANCED 2

These classes focus on the finer and more advanced fundamentals of ballet.

Per week, tuition includes:

- (6) ballet technique classes
- (2) pointe classes
- (1) pas de deux class
- (1) variations class
- (1) hip-hop class
- (1) contemporary OR jazz class
- (1) conditioning class

Optional additional classes:

- (1) pointe class
- (5) morning classes

**These levels have the option to add the Morning Classes. These levels also include potential opportunities to rehearse to rehearse and perform with Carolina Ballet if deemed ready.*

PRE-PROFESSIONAL

These classes are geared towards refining a student's training in preparation for a career in a professional ballet company and further.

Per week, tuition includes:

- (6) ballet technique classes
- (2) pointe classes
- (1) pas de deux class
- (1) variations class
- (1) hip-hop class
- (1) contemporary OR jazz class
- (1) conditioning class
- (5) morning classes

Optional additional classes:

- (1) pointe class

**This level includes opportunities to rehearse and perform with Carolina Ballet if deemed ready.*

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FLEX PROGRAM (AVAILABLE TO INTERMEDIATE 2 STUDENTS & UP)

This option is designed for students who are seeking to balance their ballet and school/extracurricular workloads. A student has the option to add as many classes as they'd like at the additional class rate.

FLEX INTERMEDIATE 2

Per week, tuition includes:

- (3) ballet technique classes
- (1) pointe class
- (1) hip-hop, contemporary, jazz OR conditioning class

FLEX ADVANCED 1/2

Per week, tuition includes:

- (3) ballet technique classes
- (1) pointe class
- (1) variations class
- (1) hip-hop, contemporary, jazz OR conditioning class